

Athletic training is an intellectually, physically, and psychologically demanding profession. The abilities that an athletic trainer needs to practice safely are those described below, in the National Athletic Trainers' Association educational competencies and clinical proficiencies, and in the Board of Certification Role Delineation Study. Candidates for the degree must be able to meet these minimum standards for successful completion of degree requirements.

Observation: Observation requires the functional use of vision, hearing, and somatic sensations. Student must be able to:

- participate in lectures and laboratory demonstrations.
- observe and palpate a patient accurately to determine variations from normal and observe output readings to determine a patient's condition and the status of a treatment.

Examples in which these observational skills are required include, but are not limited to:

- palpation of anatomical structures
- visual and tactile assessment for the presence and degree of edema
- listening to a patient describe his or her medical history and current symptoms

Communication: Students must be able to:

- communicate effectively and sensitively with patients to elicit information regarding mood, activities, and health complaints, as well as perceive non-verbal communications.
- communicate effectively and efficiently with other members of the health care and athletic community to convey information essential for safe and effective care.
- read, communicate in writing, and demonstrate computer literacy to complete assignments

Motor Function: Students must have sufficient motor function to:

- elicit information from the patient examination, using palpation, muscle strength assessment, joint range of motion measurement and other evaluative maneuvers
- be the first responder in a potentially catastrophic injury (e.g., in-line stabilization of cervical spine, rescue breathing, obstructed airway management, and cardiopulmonary resuscitation)
- execute movements required to provide therapeutic care, such as performing mobilization and wound care techniques

These skills require coordination of both gross and fine muscular movement and equilibrium.

Intellectual Abilities: To effectively solve problems, students must be able to:

- measure, calculate, reason, analyze, integrate, and synthesize information in a timely fashion
- synthesize knowledge and integrate the relevant aspects of a patient's history and examination findings to develop an effective treatment program
- comprehend three-dimensional relationships and to understand spatial relationships of structures

Behavioral and Social Attributes: Students must possess the psychological ability required for them to:

- fully use their intellectual abilities
- exercise good judgment
- promptly complete all responsibilities inherent to the assessment and care of patients
- develop mature, sensitive, and effective relationships with patients

Students must be able to:

- tolerate physically and mentally taxing workloads
- function effectively under stress
- adapt to a changing environment
- function in the face of uncertainties inherent in the clinical problems of patients
- demonstrate ethical behavior, both in the classroom and during their clinical experience

I have completed a physical evaluation and review of the health history questionnaire. After reviewing the aforementioned technical requirements for this student's enrollment in the Indiana State University Undergraduate Athletic Training Education Program, I certify the following (check the box that best applies):

- This student is capable of meeting these expectations.
- This student is capable of meeting these expectations, pending consultation with _____.
- This student requires reasonable accommodations to meet these expectations.
- This student is unable to meet these expectations.

Signature of Physician

Date