



National Strength and Conditioning Association

a nonprofit tax-exempt educational organization

July 7, 2008

Indiana State University
Thomas Nesser, PhD
Department of Physical Education
401 N. 4th Street
Terre Haute, IN 47809

Dear Thomas Nesser:

Congratulations. The program at Indiana State University has met the criteria recommended by the NSCA for acceptance in the ERP. Recognition is good for three years and will expire June 1, 2011.

One of the benefits of recognition is that your school may disclose their NSCA recognition on any forms, documents, or recruiting material. The statement for use is, "For successfully meeting established criteria, the National Strength and Conditioning Association officially recognizes Indiana State University's Educational Program in Strength and Conditioning."

Your school's program will be listed on the NSCA website, with a link provided to your program's website (if authorization was provided on your application). Your program will also be listed in the *Strength and Conditioning Journal* and the *NSCA Bulletin*.

Students at ERP recognized schools will receive \$25 off their exam registration fee by using the code the NSCA Certification Commission will provide. Additionally, for each student who uses the code, the school (academic department) will receive \$25 to use within their department. For more information, contact Scott Bonertz at the NSCA Certification Commission 888-746-2378.

Another benefit of recognition is that your institution may post one vacancy per year (graduate assistantships, internships, faculty positions, etc.) for free on the NSCA's Career Services Website. For more information on posting positions, email career@nsca-lift.org or call the NSCA World Headquarters at 1-800-815-6826.

Due to high volume of applications, you will receive your certificate within four to six weeks.

Once again, congratulations on receiving recognition. If you have any questions, please feel free to contact us.

Sincerely,

Brian Newman, MS, CSCS
Education Programs Coordinator

MISSION STATEMENT

As the worldwide authority on strength and conditioning, we support and disseminate research-based knowledge and its practical application, to improve athletic performance and fitness.

GENERAL INFORMATION AND INSTRUCTIONS:

- This application is submitted by a regional accredited academic institution of higher learning to the National Strength and Conditioning Association (NSCA) for recognition of their educational program in strength and conditioning. The program must be part of a curriculum that offers a baccalaureate degree. The program does not have to be classified as a major, a minor, a sequence or a concentration. It does however, have to be a formalized area of study.
- This recognition is good for three years. This recognition does not imply accreditation or any advantage for the NSCA certification examination. It only provides recognition from the NSCA that the institution meets minimum requirements and emphasizes anaerobic conditioning and training within the specified curriculum.
- Applications are reviewed two times per year. Application deadlines are January 1st, and June 1st each year. Applicants will be notified of approval/non-approval by February 15th or July 15th.
- There is a \$500.00 administrative fee due with this application. This fee is the only fee required during the three-year period of recognition. If an application is denied recognition, then the application fee will be returned to the institution (minus a \$100.00 processing fee), along with the application and reason(s) for denial.
- Once approved, the institution may disclose their NSCA recognition on any forms, documents or recruiting materials.
- By completing this application the institution authorizes the NSCA to identify them as an institution with a recognized curriculum in strength and conditioning. The NSCA may disclose this information in publications, web sites, or any other means the NSCA deems appropriate.
- The application for recognition should be typed and must provide complete information. Additional materials, such as syllabi, are required and must be attached. Additional pages may be attached as needed.
- To be recognized, institutions must have a Certified Strength and Conditioning Specialist (CSCS), who is a full-time employee involved in the educational program as a member of the teaching faculty. The CSCS does not have to be a full-time faculty member, but must teach a minimum of one class per academic year from the ERP required curriculum.
- It is the intent of this recognition process to help institutions market their programs in strength and conditioning, and to help institutions begin to prepare their programs for possible accreditation. Approval letters will include specific NSCA statements designed to market the school's educational program.
- Forward three (3) copies of the complete application, two with original signatures, all supporting documents, and the application fee to the Education Committee of the National Strength and Conditioning Association.

Complete this application and forward to:

**National Strength and Conditioning Association
Education Recognition Program
1885 Bob Johnson Drive
Colorado Springs, CO 80906**

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